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For Immediate Release

Cape Ann Savings Bank Donates \$150,000 to Addison Gilbert Hospital

Gloucester, MA (January 31, 2019) – Cape Ann Savings Bank is making a significant investment in the health of the community with a \$150,000 gift to Addison Gilbert Hospital.

The funds will be used to expand Addison Gilbert's Senior Adult Unit (SAU), which provides acute inpatient geriatric care. This donation will allow the unit to grow from 12 to 20 beds, allowing the hospital to treat more elderly patients.

"We strive every day to provide the best care to our patients," said Cynthia Cafasso Donaldson, vice president of Addison Gilbert Hospital. "We are so appreciative to Cape Ann Savings Bank for their generous gift, as this will enhance how our Cape Ann patients receive care. This unit is a combination of behavioral health and medical providers, providing a unique model of care for Cape Ann residents."

Addison Gilbert's SAU provides interdisciplinary inpatient care to patients 65 and older who have experienced a sudden change in mental status or who are experiencing an acute phase of a chronic illness or mood disorder. These changes can cause behaviors that may place them at risk in their homes or in community-based settings. The SAU is a Nurses Improving Care for Health System Elders (NICHE) Exemplar site. NICHE is a national geriatric nursing program designed to improve care for older hospitalized adults.

"We're a community bank and our community is Cape Ann," said Bob Gillis, President of Cape Ann Savings Bank. "Addison Gilbert Hospital is a major part of Cape Ann – providing vital services to our community. We have a growing senior population in our community and expanding the Senior Adult Unit is of critical importance to the hospital and the vitality of the region and we are happy to support this endeavor."

About Lahey Health

Lahey Health is an integrated health care system committed to providing the full continuum of health care services close to where patients live and work. The system is comprised of nationally recognized, award-winning hospitals, physicians, behavioral health services, and post-acute programs including home health services, skilled nursing and rehabilitation facilities, and senior care resources. Lahey Health includes nearly 1,400 locally based physicians throughout northeastern Massachusetts and southern New Hampshire. Lahey Health includes Lahey Hospital & Medical Center; Beverly Hospital; Addison Gilbert Hospital; Winchester Hospital; Lahey Health Senior Care and Lahey Health Behavioral Services, more than 30 primary care physician practices, and multiple outpatient and satellite specialty care facilities. For more information, visit LaheyHealth.org.